

ABOUT MELISSA HELLSTERN

After five years spent culling the most remarkable words dispensed by the late icon Audrey Hepburn, Melissa Hellstern shared her wisdom with the world in *How to be Lovely: The Audrey Hepburn Way of Life* (Dutton Books, 2004).

“Audrey Hepburn represents all that a woman can be – kind and ambitious, strong and sexy, charming and genuine. No matter what she did, she was always a quality human being first,” Hellstern has said. “Audrey Hepburn perfected the art of gracious living. She remains a relevant and inspiring role model for women today.”

A *Los Angeles Times* Bestseller, *How to be Lovely* will publish in the United Kingdom, Spain, Japan, China and Hungary in 2005. For more, please visit www.melissahellstern.com.

An award-winning writer, Hellstern’s thoughts on Hepburn have been featured in *Ocean Drive*, *Pages Magazine*, *CS Magazine*, The Chicago Sun Times, The Chicago Tribune and on WGN-TV (WB), WTTW-TV (PBS), WLS-TV (ABC-7), WGN Radio and Radio New Zealand, among others.

A frequent sellout at book signings across the country, Hellstern has also been a special guest at events such as “Breakfast at Tiffany’s,” a production of The Municipal Theater Association of St. Louis and “Film Night at Tanglewood,” where The Boston Pops, conducted by John Williams and co-hosted by Steven Spielberg and Martin Scorsese, dedicated a portion of the program to the life and work of Audrey Hepburn.

A contributor to several lifestyle publications, her published credits include columns in *CS Magazine (A Few Minutes With)*, *Citysearch Chicago (Nightcrawlings)* and the *St. Louis Business Journal*, as well as freelance articles for *Angeleno* magazine (Los Angeles), *CS* magazine (Chicago), and *St. Louis Magazine*, among others.

Her career in multi-media enterprise have earned her awards such as a Silver WorldMedal from the 2004 New York Festival for Film & Video/PR: Corporate Image and a 2003 Crystal Award of Excellence for Film/Video/Multimedia from The Communicator Awards, among others.

A graduate of the University of Missouri-Columbia, Hellstern’s colorfully varied work experiences have encompassed turns as a waitress, a camp counselor, a cave tour guide (where she became something of a bat aficionado) and as a consultant in her grandparent’s funeral business.

Having previously resided in Maryland, North Carolina, Puerto Rico, Texas and Missouri, she now makes her home in Chicago with her filmmaker husband. When not writing, she is likely in the garden or on a trout stream, weather permitting.

***AUTHOR, How to be Lovely: The Audrey Hepburn Way of Life
A Los Angeles Times bestseller***

www.howtobelovely.com